

HOLISTIC HEALTH/FITNESS – (23)

Code	Certification Area	Education	Experience	Additional Requirements/Certification
23-001	Ayurvedic Wellness Counselor	High School Diploma or Equivalent	2 years of full-time work experience as an Ayurvedic Wellness Counselor	
23-002	Hypnosis	High School Diploma or Equivalent	2 years of full-time work experience using for professional (not entertainment purposes)	
23-003	Integrative Nutrition-Business Management Courses	High School Diploma or Equivalent	2 years of full-time work experience in small business management	
23-004	Integrative Nutrition-Coaching Courses	High School Diploma or Equivalent	2 years of full-time work experience as a Holistic Health Coach	
23-005	Integrative Nutrition-Nutrition Courses	High School Diploma or Equivalent	2 years of full-time work experience as a nutritionist or registered dietician	
23-006	Integrative Nutrition-Whole Program	High School Diploma or Equivalent	2 years of full-time work experience in all aspects of Integrative Nutrition – Business, Nutrition, Coaching	
23-007	Life Coach	High School Diploma or Equivalent	2 years of full-time work experience as a Life Coach	
23-008	Nutrition	High School Diploma or Equivalent	2 years of full-time work experience in as a nutritionist/dietician	

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23-009	Personal Trainer	High School Diploma or Equivalent	2 years of full-time work experience as a personal trainer	
23-010	Transcendental Meditation	High School Diploma or Equivalent	2 years of full-time work experience in Transcendental Meditation	